



Area: Pay Attention

Title: Recognizing Emotions, Part II

Objective: Students will act out and recognize non-verbal cues.

Materials: "Feeling Cards" (cut one for each student)

Activity:

1. Divide the students into 2-4 teams. This could be played as Charades.
2. A member of each team will draw one feeling card and act it out for their team. *Suggestion-start with easier ones and work your way to the harder ones.
3. The team has 2 seconds to guess the emotion. One point is given for each correct guess.

Closure: After 10 minutes, stop the activity and ask the following questions:

1. "Which feelings were easiest to recognize? Why?"
2. "Which feelings were hardest to recognize? Why?"