



Area: Pay Attention

Title: What's Going On?

Objective: Students will discuss and identify what gets in the way of paying attention.

Materials: What's Going On? Scenario Worksheet

- Activity:**
1. Divide the student into groups of 3 or 5. Provide each group with a scenario from the worksheet and give students two minutes to rehearse.
 2. Each group should be given two minutes to perform their scenario. After each performance, ask the following discussion questions:
 - What got in the way of being able to pay attention?
 - What problems did the lack of attention create?
 - How could they have improved the situation?
 3. Repeat with each scenario, as time allows.

Closure: Ask the class to think of one thing that they could do today to pay attention and then practice it for the rest of the day.